

The Power of POSITIVE THINKING

It's All About How You Think!

By Nozer Buchia



The task ahead of us is never as great as the power behind us. How we think makes a difference to our attitude going forward: It's life-transforming to accept that some days we are the pigeon, and some days we are the statue. I believe that happiness is a state of mind derived from the power of positive thinking. A truly happy person can enjoy the scenery on a detour.

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I have always believed that one ought to be more afraid of quitting than failing. Failure is actually a great achievement, something that should be celebrated and talked about. Attempting to try something new and different requires both courage and a firm belief in one's abilities, not to mention a willingness to think outside the box. Persistence and revamped thinking allow us to convert our negative understanding of failure into the realization that failure represents lessons learned. And don't take yourself too seriously—experience has taught me that at least half of what we accomplish in life is due to luck and being in the right place at the right time. None of us is in control, as much as we would like to think otherwise. Once again, it's all in how you think!

How You Think Really Matters

A teenage boy had just passed his driving test. He asked his father when they could discuss the use of one of the family cars. The father said, "Let me make a deal with you, son. You bring your grades up from a C to an

A, study your Bible a little, and get your hair cut. Then we'll talk about the car." The boy thought about the proposition for a moment and decided that he would accept the offer.

After about six weeks, the father said, "Son, you've brought your grades up and I've observed that you have been studying your Bible, but I'm disappointed that you haven't had your hair cut."

The boy said, "You know, Dad, I've been thinking about that. I've noticed in my studies of the Bible that Samson had long hair, John the Baptist had long hair, Moses had long hair...and there's even strong evidence that Jesus had long hair."

The father replied, "Son, did you also notice that they all walked everywhere they went?"



It's all in how you think!

If you think you're beaten... you are. Frame of mind is key. Fate will determine who comes into your life, but your thoughts will determine who stays. Only when we are inspired in thought are we motivated to take action. In fact, most businesses have been founded and continue thriving because of good, strong thoughts. It's not where you start, it's where you finish that matters! We need to be kind when we can, laugh when we can, apologize when we should, and let go of the things we cannot change. Blessed are those who laugh at themselves, for they shall never cease to be amused.

The human mind is like a parachute: it only works when open. Adapt to the future, invest in yourself, and change the way you think if you want

to transform your career and your life. And cut your ties with negative people, for they will be your downfall. They will convince you not to try new things because they have not succeeded themselves. They try to pull you DOWN, for you are UP there already!



An old man, poorly dressed, sitting next to me at a doctor's office, asked me a question you would not expect to encounter from someone you've just met for the very first time. "Are you rich, my friend?"

Instantly my guard went up. I thought, "He wants some money."

"Why do you ask me such a question?" I replied.

He laughed and said, "I just realized this morning that I really am rich... I have silver in my hair, gold in my teeth, stones in my kidneys, sugar in my blood, iron in my arteries, and an inexhaustible supply of natural gas. I never thought I'd accumulate such wealth!"

You Can Never Rise Above the Level of Your Thinking

Life is a reflection of your thoughts, actions, and inactions. As a person thinks in his heart, so he is. The way your mind works affects everything you do. You will always grow in the direction of your dominant thoughts. Your life is powered by your thoughts and can be transformed as you renew the way you think.

You are who you think you are!

Here are some useful hints that will enable you to raise your level of thinking and hone your desire for success.

- 💡 Quit thinking about thinking to quit. Winners never quit, and quitters never win.
- 💡 You cannot see your picture if you are in the frame. Learn to be objective and evaluate yourself as another person would.
- 💡 Our minds are powerful tools that we can harness to create our reality. Each thought is like a stone dropped into a lake, sending ripples out into our worlds that affect everyone they touch.
- 💡 Most entrepreneurs fail because they allow fear to grip their lives through their thinking. We need to start thinking differently. We need to think with confidence.
- 💡 What we say to ourselves affects our performance. Our self-talk affects our attitude through our subconscious thinking—and negative internal monologues drag us onto the path of negativity.
- 💡 We cannot solve problems using the same kind of thinking we used to create them in the first place. Think innovatively.
- 💡 Never allow your thinking to be swayed by another person's thoughts. Remember: you are who you think you are.

Successful People Think Quickly

A man walked into his supermarket and asked to buy half a head of lettuce. The boy working in that department told him that they only sold whole heads of lettuce. The man was insistent that the boy ask the manager about the matter.

Walking into the back room, the boy said to the manager, "Some old grumpy guy wants to buy half a head of lettuce." As he finished his sentence, he turned around to find that the man was standing right behind him, so he quickly added, "And this gentleman has kindly offered to buy the other half." The manager approved the deal, and the man went on his way.

Later, the manager said to the boy, "I was impressed with the way you got yourself out of that situation earlier. We like people who can think on their feet here. Where are you from, son?"

"New Zealand, sir," the boy replied.

"Why did you leave New Zealand?" the manager asked.

The boy said, "Sir, there's nothing but 'ladies that work the streets at night' and rugby players there."

"Is that right?" replied the manager, "My wife is from New Zealand!"

"Really?" replied the boy, "What team did she play for?"



In Conclusion

It is often said, "Think outside the box." I say, why talk about any box at all? Too often, we curtail the power of the human brain and thereby cut off the flow of our thoughts. As parents, we often even think for our children, preventing them from thinking for themselves. We create dependents who cannot do much for themselves in life because they do not know how. I believe that the greatest gift parents can give children is the ability to think on their own. That gift is worth more than anything in the world, because it builds confidence in speech, thought, and action.

Successful individuals kindle a burning desire to win by thinking smart and thinking big. If you can

think it, you can make it happen. Develop the ability to think positively and on a grand scale—you are who you think you are! **N**

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